



## STARTERS

### **Baked Herb Crusted Goats Cheese**

With Beetroot Salad,  
Balsamic Dressing and Tomato Chutney **€8.50**  
(M,MU)

### **Duck Spring Rolls**

Crisp Duck Spring Rolls, House Salad and Sweet Chilli Dip **€9.95**  
(G,SS,SB,MU)

### **Vegetable Spring Rolls**

Crisp Vegetable Spring Rolls  
Served with House Salad and Sweet Chilli Dip **€7.95**  
(G,SS,SB,MU)

### **Garlic Bread with Cheese**

Oven Baked Garlic Bread Topped with Cheese, served with a  
Mixed Salad **€6.50**  
(G,M,E,MU)

### **Torc Spicy Chicken Wings**

Served in our Homemade Hot Sauce  
with Garlic Mayonnaise **€7.95**  
(E,M,U)

### **Lemon & Garlic Chicken Caesar**

Sautéed Chicken and Parmesan  
Herb Croutons, Bacon Lardons and  
Caesar dressing **€9.95**  
(G,M,E,MU)

### **Traditional Oven Baked Fish Cakes**

Smoked Haddock and Fresh Salmon  
Tossed Salad, Chilli and Garlic Sauce **€9.95**  
(M,U,E,C,G)

### **Torc Seafood Chowder**

Fresh Local Seafood in a Vegetable Chowder  
Served with Brown Soda Bread or Garlic Bread **€8.95**  
(F,M,G,E)





## LITE BITES

### **Warm Roast Chicken And Herb Stuffing on Toasted Ciabatta**

Served with Cranberry Jam, Salad & Fries **€9.95**  
(M,MU,G,E)

### **Baked Torc Style Cheesy Tuna Melt**

Open Ciabatta Bread Topped with Tuna Mayo,  
Cheese, House Salad and Fries **€9.95**  
(F,G)

### **Torc Toasted Special**

Baked Ham, Red Onion, Tomato and Mature Cheddar  
Served in Fresh White Bloomer Bread with Salad & Fries **€9.50**  
(G,M,MU)

### **Triple Decker BLT**

Crisp Bacon, Beef Tomato and Lettuce with Garlic Mayonnaise  
Served in Tasty White Bloomer Bread with Salad and Fries **€9.95**  
(G,M,MU,E)

### **Cajun Chicken Wrap**

Sautéed Cajun Chicken Strips, Crispy Bacon, Baby Gem Lettuce,  
Caesar Dressing  
Served with Salad and Fries **€9.95**  
(G,M,MU)

### **Beef Wrap**

Thin Sliced Roast Beef with Crisp Lettuce, Beef Tomato, Red  
Onion, Horseradish Mayonnaise  
Served with Salad and Fries **€9.95**  
(G,M,MU)

### **Veggie Wrap**

Soft Brie Cheese with Sundried Tomatoes, Basil Pesto, Red Onion,  
Sweetcorn, Salad and Fries. **€9.95**  
(GM,MU)





## MAIN COURSE

### Vegetable Stir-fry

Stir Fry Vegetables in a Sweet Chilli Sauce  
Served with Steamed Basmati Rice  
and Prawn Crackers **€12.95**

**(SS,CSB,C,MUS)**

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### Homemade Vegetable Lasagne

with Garlic Bread, Salad and Fries **€12.95**

**(G,E,M,CL)**

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### Spinach & Ricotta Tortellini

In a Homemade Tomato and Basil Sauce with Toasted Pine Nuts  
Fresh Parmesan Shavings

and Garlic Ciabatta Bread **€14.95**

**(G,M,E,SB)**

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### Torc House Omelette

3 Egg Omelette with Ham, Cheese, Tomato, Red Onion

Served with Fries and House Salad **€13.95**

**(E,MU,M)**

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### Traditional Beer Battered Fish & Chips

Served with Minted Peas, Fresh Lemon, Tartar Sauce

and Fries **€15.95**

**(G,SD,MU,E,M,MU)**

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### Baked Fillet of Hake and King Prawn

, Gratinated White Wine and Dill Béchamel Sauce

Served with Duchess Potato **€20.95**

**(F,C,M,E)**

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### King Prawn Stir Fry

Stir Fry Vegetables in a Creamy Sweet Chilli Sauce

with Noodles and Prawn Crackers. **€16.95**

**(C,E,SB,CL,MU,SS)**

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## MAIN COURSE

### Chicken Stir-Fry

Stir Fry Vegetables in a Sweet Chilli Sauce  
Served with Steamed Basmati Rice  
and Prawn Crackers **€15.95**  
(SS,CSB,C,MUS)

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### Chicken Three Ways

BBQ Chicken Wings, Breaded Chicken Goujons,  
Cajun Chicken Breast  
Served with Fries and Side Salad **€14.95**  
(SB,G,M,U,M,E)

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### Roast Chicken & Ham

Roasted Breast of Chicken on the Bone  
Served with Cranberry, Herb Bread Stuffing  
and Traditional Gravy **€14.95**  
(G,SD,E)

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### House Style Chicken Korma

With Steamed Basmati Rice  
and Freshly Grilled Poppadom's **€15.95**  
(G)

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## MAIN COURSE

### **Pan-fried 8oz Sirloin Steak**

With Roasted Mushrooms, French-fried Onions,  
Pepper Sauce & Fries **€19.95**  
**(M,SD,G)**

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### **6oz Steak Sandwich**

Pan-fried on Tomato Ciabatta Bread with Sautéed  
Mushrooms, Onions and Pepper Sauce  
Served with Fries and Side Salad **€15.95**  
**(G,E,M,MU,SD)**

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### **Torc Beef Burger**

With Mature Cheddar, Tomato, Red Onion,  
Lettuce, Tomato Relish  
Served with Fries and Onion Rings **€13.95**  
**(G,E,M)**

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### **BBQ Baby Back Pork Ribs**

With Smokey BBQ Sauce  
Served with Fries and Side Salad **€16.95**  
**(SB,G,MU)**

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### **Grilled Kerry Lamb Cutlets**

Grilled Lamb Cutlets served with Chive Mash,  
Potato Croquette's and Red Wine Jui **€23.95**  
**(G,E,M,SD)**

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## DESSERTS

### **Warm Apple & Blackberry Crumble** (M,E,G)

Served with Dairy Cream & Vanilla Custard

### **Selection of Dairy Ice Creams** (M,E,G)

In a Wafer Basket with Caramel Sauce

### **Strawberry Cheesecake** (M,E,G)

Served with Strawberry Ice Cream

### **Torc Style Baked Alaska** (M,E,G)

Layered Chocolate Sponge with Vanilla & Strawberry Ice Cream

Topped with Italian Meringue

Served with Seasonal Fruit Jelly

### **Strawberry Pavlova Stack** (M,E,G)

Served with Dairy Ice Cream & Sweet Balsamic Syrup

### **Warm Sticky Toffee Pudding** (M,E,G)

Served with Warm Toffee, Dairy Ice Cream & Vanilla Custard

### **Dark Chocolate Brownie** (M,E,G)

Served with Warm Chocolate Sauce & Vanilla Ice Cream

### **ALL DESSERTS €5.95**

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**Tea or Coffee €2.95**

**Cappuccino €3.50**

**Espresso €2.95**

**Café Latte €3.50**

**Herbal Tea €3.50**

**Irish Coffee €6.90**

**French Coffee €7.50**

**Baileys Coffee €7.50**

### **Flavoured Cappuccino/Latte**

Chocolate, Caramel, Toasted Marshmallow, Hazelnut, Vanilla

**Single Shot €3.65/Double Shot €4.00**





# TORC BISTRO MENU

**Served Daily**

**Monday-Sunday 12pm – 9pm**

## **Freshly Cooked To Order**

Dear guest, we pride ourselves on our food which is freshly cooked to order.

Please allow for appropriate cooking time.

If you are pushed for time, simply ask your server to advise on the quickest options available.

**Bon Appetite**

***Enjoy Your Meal***

Under EU Regulations No 1169/2011 on Food Information for Consumer (FIC), we are now obliged to list all Allergens in our food.

Here is a list of the 13 most common allergens.

Gluten (G)

Crustaceans/Crab/Prawns (C)

Fish (F)

Eggs (E)

Peanuts (P)

Soya Beans (SB)

Milk (M)

Nuts (N)

Celery (CL)

Mustard (MU)

Sesame Seeds (SS)

Sulphur Dioxide (SD)

Lupin (L) Contains similar properties to Peanuts.

Molluscs/Muscles/Scallops (MUS)

If you have any doubts about any of these allergens please ask our floor staff for further information or any other allergen issues

