



STARTERS

Baked Herb Crusted Goats Cheese

With Beetroot Salad,
Balsamic Dressing and Tomato Chutney **€8.50**
(M,MU)

Duck Spring Rolls

Crisp Duck Spring Rolls, House Salad and Sweet Chilli Dip **€9.95**
(G,SS,SB,MU)

Vegetable Spring Rolls

Crisp Vegetable Spring Rolls
Served with House Salad and Sweet Chilli Dip **€7.95**
(G,SS,SB,MU)

Garlic Bread with Cheese

Oven Baked Garlic Bread Topped with Cheese, served with a
Mixed Salad **€6.50**
(G,M,E,MU)

Torc Spicy Chicken Wings

Served in our Homemade Hot Sauce
with Garlic Mayonnaise **€7.95**
(E,M,U)

Lemon & Garlic Chicken Caesar

Sautéed Chicken and Parmesan
Herb Croutons, Bacon Lardons and
Caesar dressing **€9.95**
(G,M,E,MU)

Traditional Oven Baked Fish Cakes

Smoked Haddock and Fresh Salmon
Tossed Salad, Chilli and Garlic Sauce **€9.95**
(M,U,E,C,G)

Torc Seafood Chowder

Fresh Local Seafood in a Vegetable Chowder
Served with Brown Soda Bread or Garlic Bread **€8.95**
(F,M,G,E)





LITE BITES

Warm Roast Chicken And Herb Stuffing on Toasted Ciabatta

Served with Cranberry Jam, Salad & Fries **€9.95**
(M,MU,G,E)

Baked Torc Style Cheesy Tuna Melt

Open Ciabatta Bread Topped with Tuna Mayo,
Cheese, House Salad and Fries **€9.95**
(F,G)

Torc Toasted Special

Baked Ham, Red Onion, Tomato and Mature Cheddar
Served in Fresh White Bloomer Bread with Salad & Fries **€9.50**
(G,M,MU)

Triple Decker BLT

Crisp Bacon, Beef Tomato and Lettuce with Garlic Mayonnaise
Served in Tasty White Bloomer Bread with Salad and Fries **€9.95**
(G,M,MU,E)

Cajun Chicken Wrap

Sautéed Cajun Chicken Strips, Crispy Bacon, Baby Gem Lettuce,
Caesar Dressing
Served with Salad and Fries **€9.95**
(G,M,MU)

Beef Wrap

Thin Sliced Roast Beef with Crisp Lettuce, Beef Tomato, Red
Onion, Horseradish Mayonnaise
Served with Salad and Fries **€9.95**
(G,M,MU)

Veggie Wrap

Soft Brie Cheese with Sundried Tomatoes, Basil Pesto, Red Onion,
Sweetcorn, Salad and Fries. **€9.95**
(GM,MU)





MAIN COURSE

Vegetable Stir-fry

Stir Fry Vegetables in a Sweet Chilli Sauce
Served with Steamed Basmati Rice
and Prawn Crackers **€12.95**

(SS,CSB,C,MUS)

Homemade Vegetable Lasagne

with Garlic Bread, Salad and Fries **€12.95**

(G,E,M,CL)

Spinach & Ricotta Tortellini

In a Homemade Tomato and Basil Sauce with Toasted Pine Nuts
Fresh Parmesan Shavings

and Garlic Ciabatta Bread **€14.95**

(G,M,E,SB)

Torc House Omelette

3 Egg Omelette with Ham, Cheese, Tomato, Red Onion

Served with Fries and House Salad **€13.95**

(E,MU,M)

Traditional Beer Battered Fish & Chips

Served with Minted Peas, Fresh Lemon, Tartar Sauce

and Fries **€15.95**

(G,SD,MU,E,M,MU)

Baked Fillet of Hake and King Prawn

, Gratinated White Wine and Dill Béchamel Sauce

Served with Duchess Potato **€20.95**

(F,C,M,E)

King Prawn Stir Fry

Stir Fry Vegetables in a Creamy Sweet Chilli Sauce

with Noodles and Prawn Crackers. **€16.95**

(C,E,SB,CL,MU,SS)





MAIN COURSE

Chicken Stir-Fry

Stir Fry Vegetables in a Sweet Chilli Sauce
Served with Steamed Basmati Rice
and Prawn Crackers **€15.95**
(SS,CSB,C,MUS)

Chicken Three Ways

BBQ Chicken Wings, Breaded Chicken Goujons,
Cajun Chicken Breast
Served with Fries and Side Salad **€14.95**
(SB,G,M,U,M,E)

Roast Chicken & Ham

Roasted Breast of Chicken on the Bone
Served with Cranberry, Herb Bread Stuffing
and Traditional Gravy **€14.95**
(G,SD,E)

Smoked Chicken Carbonara

Smoked Chicken in a Mushroom and Bacon Cream Sauce
with Penne Pasta and Garlic Bread. **€15.95**
(G,M,SD)

House Style Chicken Korma

With Steamed Basmati Rice
and Freshly Grilled Poppadoms **€15.95**
(G)





MAIN COURSE

Pan-fried 8oz Sirloin Steak

With Roasted Mushrooms, French-fried Onions,
Pepper Sauce & Fries **€19.95**
(M,SD,G)

6oz Steak Sandwich

Pan-fried on Tomato Ciabatta Bread with Sautéed
Mushrooms, Onions and Pepper Sauce
Served with Fries and Side Salad **€15.95**
(G,E,M,MU,SD)

Torc Beef Burger

With Mature Cheddar, Tomato, Red Onion,
Lettuce, Tomato Relish
Served with Fries and Onion Rings **€13.95**
(G,E,M)

BBQ Baby Back Pork Ribs

With Smokey BBQ Sauce
Served with Fries and Side Salad **€16.95**
(SB,G,MU)

Grilled Kerry Lamb Cutlets

Grilled Lamb Cutlets served with Chive Mash,
Potato Croquette's and Red Wine Jui **€23.95**
(G,E,M,SD)





DESSERTS

Warm Apple & Blackberry Crumble (M,E,G)

Served with Dairy Cream & Vanilla Custard

Selection of Dairy Ice Creams (M,E,G)

In a Wafer Basket with Caramel Sauce

Strawberry Cheesecake (M,E,G)

Served with Strawberry Ice Cream

Torc Style Baked Alaska (M,E,G)

Layered Chocolate Sponge with Vanilla & Strawberry Ice Cream
Topped with Italian Meringue
Served with Seasonal Fruit Jelly

Strawberry Pavlova Stack (M,E,G)

Served with Dairy Ice Cream & Sweet Balsamic Syrup

Warm Sticky Toffee Pudding (M,E,G)

Served with Warm Toffee, Dairy Ice Cream & Vanilla Custard

Dark Chocolate Brownie (M,E,G)

Served with Warm Chocolate Sauce & Vanilla Ice Cream

ALL DESSERTS €5.95

Tea or Coffee €2.95

Cappuccino €3.50

Espresso €2.95

Café Latte €3.50

Herbal Tea €3.50

Irish Coffee €6.90

French Coffee €7.50

Baileys Coffee €7.50

Flavoured Cappuccino/Latte

Chocolate, Caramel, Toasted Marshmallow, Hazelnut, Vanilla

Single Shot €3.65/Double Shot €4.00





TORC BISTRO MENU

Served Daily

Monday-Sunday 12pm – 9pm

Freshly Cooked To Order

Dear guest, we pride ourselves on our food which is freshly cooked to order.

Please allow for appropriate cooking time.

If you are pushed for time, simply ask your server to advise on the quickest options available.

Bon Appetite

Enjoy Your Meal

Under EU Regulations No 1169/2011 on Food Information for Consumer (FIC), we are now obliged to list all Allergens in our food.

Here is a list of the 13 most common allergens.

Gluten (G)

Crustaceans/Crab/Prawns (C)

Fish (F)

Eggs (E)

Peanuts (P)

Soya Beans (SB)

Milk (M)

Nuts (N)

Celery (CL)

Mustard (MU)

Sesame Seeds (SS)

Sulphur Dioxide (SD)

Lupin (L) Contains similar properties to Peanuts.

Molluscs/Muscles/Scallops (MUS)

If you have any doubts about any of these allergens please ask our floor staff for further information or any other allergen issues

